

February 2019 Meal Calendar

Monday 2/4	Tuesday 2/5	Wednesday 2/6	Thursday 2/7	Friday 2/8	Sunday 2/10
Honey Nut Cheerios String Cheese Fruit Juice Milk Choice	Turkey Sausage Links Grits Hot Sauce Apple Milk Choice	Breakfast Pizza Yogurt Fruit Juice Milk Choice	Scrambled Eggs Whole Grain Biscuit Butter & Jelly Canned, Sliced Apple Milk of choice	Fall Break	
Personal Pizza Green Beans Apple Milk Choice	Gumbo Crackers Roasted Broccoli Fruit Choice Milk Choice	Smothered Chicken with Rice Roll Peas Peaches Milk Choice	Cheeseburger Baked Fries L/T Cup Side Salad Green Salad Mandarin Oranges Milk Choice		
Hot Dog with Chili Shredded Cheese Baked Cheetos Corn Fruit Choice Milk Choice Chocolate Cake	Nacho with Turkey Meat Chili Shredded Cheese Cucumbers with Ranch Mixed Vegetables Fruit Choice Milk Choice Strawberry Bucket Cake	Fried Rice Chicken Nuggets with Sweet and Sour Sauce Cooked Carrots Pineapples Milk Choice Pudding			
Monday 2/11	Tuesday 2/12	Wednesday 2/13	Thursday 2/14	Friday 2/15	Sunday 2/17
Honey Nut Cheerios String Cheese Banana Milk Choice	French Toast Light Syrup Scrambled Egg Fruit Juice Milk Choice	Whole Grain Bagel Cream Cheese Breakfast Ham Whole Fruit Milk Choice	Munchables: Raisins, String Cheese Light Vanilla Yogurt Granola Bar Buttered Toast Milk Choice	Oatmeal Whole-Grain Toast with Cheese Fruit Juice Milk Choice	
Tangy Chicken Parmesan in Red Sauce Whole Grain Elbow Pasta Corn on the Cob Pineapple Tidbits Milk Choice	Tuna Sandwich Baked Fries Cucumbers with Ranch Fruit Choice Milk Choice	Grilled Chicken Burger Baked Sweet Potato Fries Peas & Carrots Fresh Apples Milk Choice	Baked Chicken Thighs Mashed Potatoes and Gravy Roll California Blend Vegetables Fruit Choice Green Salad Milk Choice	Meat Poboy with cheese Mustard/Mayo/Lettuce Whole Grain Sun Chips Carrot Sticks & Cucumber Rounds Dressing Applesauce Milk Choice	
Grilled Ham & Cheese Sandwich Baked Beans Green Salad Fruit Choice Milk Choice Cookie	Chicken Tenders Mac & Cheese Green Peas Green Salad Fruit Choice Milk Choice Ice Cream	Deep Dish Pizza Cucumbers with Ranch Fruit Choice Milk Choice Pudding cup	Taco Soup Cooked Broccoli Tortilla Chips Fruit Choice Milk Choice Apple Crisp		Beef-a-Roni Green Beans Roll Fruit Choice Milk Choice Cookie

Monday 2/18	Tuesday 2/19	Wednesday 2/20	Thursday 2/21	Friday 2/22	Sunday 2/24
Turkey Sausage Pattie Whole Grain Biscuit with Butter Cinnamon Toast Crunch Butter Apple Juice Milk Choice	Energy Bar Grits Scrambled Egg String cheese Orange Milk Choice	Grilled Cheese Sandwich Banana Whole Grain Bagel with Cream Cheese Milk Choice	Eggs Whole Grain Biscuit Butter & Jelly Breakfast Ham Fruit Juice Milk Choice	Pineapple-Orange Smoothie Whole Grain Biscuit Butter & Jelly Whole Fruit Milk Choice	
Hot Dog with Chili Shredded Cheese Baked Fries Broccoli Peachers Milk Choice	Chicken Pot Pie Whole Grain Roll Cooked Carrots Green Salad Mandarin Oranges Milk Choice	BBQ Pulled Pork Sandwich Baked Beans Side Salad Canned Peas Milk Choice	Chili Con Carne with Beans Cheese cup Crackers Collard Greens Green Salad Fruit of Choice Milk Choice	Whole Grain Spaghetti with Meat Choice Whole Grain Roll California Blend Vegetables Side Salad Fruit Choice Milk Choice	
Meat & Cheese Taco Spanish Rice with Cheese Topping Canned Corn Fruit Choice Milk Choice Bread Pudding	Chicken Tenders Mac & Cheese Mixed Vegetables Green Salad Fruit Choice Milk Choice Jello with Whipped Topping	Biscuits, Sausage Patties, & Gravy Scrambled Eggs Roasted Potatoes Canned Pineapples Milk Choice Cinnamon Roll	Smothered Chicken & Rice with Gravy Green Beans Fruit Choice Milk Choice Vanilla Cake		Breaded Chicken on Bun Peas & Carrots Pineapple Tidbits Milk Choice Cookies
Monday 2/25	Tuesday 2/26	Wednesday 2/27	Thursday 2/28	Friday 3/1	Sunday 3/3
Munchables: Apples, String Cheese Light Vanilla Yogurt Granola Bar Buttered Toast with Jelly Milk Choice	Whole Grain French Toast Sticks with Light Syrup Scrambled Egg Fruit Juice Milk Choice	Whole Grain Bagel with Cream Cheese Yogurt Banana Milk Choice	Egg and Cheese English Muffin Sandwich Fruit Juice Milk Choice	Pineapple-Orange Smoothie Grilled Cheese Sandwich Pineapple Tidbits Milk Choice	Mardi Gras Break
White Beans & Turkey Sausage with Brown Rice Whole Grain Roll Turnip Greens Cooked Carrots Fruit Choice Milk Choice	Meatloaf and Gravy Brown Rice Whole Grain Roll Lima Beans Fruit Choice Milk Choice	Tangy Chicken Parmesan in Red Sauce Whole Grain Elbow Pasta Corn Pineapple Tidbits Milk Choice	Baked Catfish in Lemon Butter Sauce Baked Fries Whole Grain Roll Mixed Vegetables Fruit Choice Milk Choice	Meat Pobo with cheese Mustard/Mayo/Lettuce Whole Grain Sun Chips Carrot Sticks & Cucumber Rounds Dressing Applesauce Milk Choice	
Deep Dish Pizza Cucumbers with Ranch Fruit Choice Milk Choice Pudding cup	Fish Sticks with Tarter Sauce Potato Salad Coleslaw Fruit Choice Milk Choice Cake	Red Beans, Turkey and Rice Cooked Spinach Side Salad Fruit Choice Milk Choice Jello with Whipped Topping	Grilled Chicken Burger Lettuce/Tomato Mac & Cheese Green Peas Fruit Choice Milk Choice Cookie		