



# LSDVI Menu

November 5 - November 11, 2018



	Breakfast	Lunch	Supper
<b>Monday</b>	<i>Munchable</i> Apples String Cheese Yogurt Granola Bar Jelly Buttered Toast	White Beans w/ Sausage Brown Rice Turnip Greens Cooked Carrots Fruit Choice	Tortilla Chips Chili/Cheese Fresh Cucumbers Fruit Choice Pudding Cup
<b>Tuesday</b>	WG French Toast Sticks Scrambled Eggs Fruit Choice	Meatloaf w/ Gravy Brown Rice WG Rolls Lima Beans Fruit Choice	Fish Sticks Potato Salad Coleslaw Fruit Choice Cake
<b>Wednesday</b>	WG Bagel Cream Cheese Yogurt Banana	Tangy Chicken Parmesan WG Elbow Noodles Corn Pineapple Tidbits	Red Beans Rice Cooked Spinach Side Salad Fruit Choice Jell-O
<b>Thursday</b>	Breakfast Sandwich Peaches	Baked Catfish Baked Fries WG Rolls Mixed Vegetables Fruit Choice	Grilled Chicken Sandwich L/T Cup Macaroni & Cheese Peas Fruit Choice Cookies
<b>Friday</b>	Smoothie Grilled Cheese Sandwich Pineapple Tidbits	Country Fried Steak/ gravy Mashed Potatoes WG Rolls Roasted Broccoli Fruit Choice	<u><b>Sunday</b></u> Corn Dogs Peas & Carrots Sliced Peaches Cookies

Milk choice is available at every meal.

Menu is subject to change.